

FREE COOKING SHOWS

Get FRESH!

Ada Nutrition Services

National Nutrition Month

March 3 at 10 a.m. and noon
March 5 at 10 a.m. and noon

Location:

518 E. Arlington, Ada, Oklahoma
(580) 272-5506

Ardmore Nutrition Services

National Nutrition Month

March 3 at 10 a.m., noon and 5:30 p.m.
March 4 at 10 a.m. and noon

Location:

2350 Chickasaw Blvd., Ardmore, Oklahoma
(580) 226-8289

Purcell Nutrition Services

National Nutrition Month

March 3 at 10 a.m., noon and 6 p.m.
March 5 at 10 a.m. and noon

Location:

1530 Hardcastle Blvd., Purcell, Oklahoma
(405) 527-6967

Family Life Center

National Nutrition Month

March 4 at 10 a.m. and noon
March 5 at 5:30 p.m.

Location:

229 W. Seabrook, Ada, Oklahoma
(580) 272-5506

Duncan Nutrition Services

National Nutrition Month

March 6 at 10 a.m. and noon

Location:

1302 W. Main, Duncan, Oklahoma
(580) 470-2150

the
Chickasaw
Nation

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